

DISCOVER ORGANIC FARM & BOTANICAL SEMINARS **(6 days pack)**

Come and experience with us the beauties of the traditional lifestyle in Greece, going on relaxing excursions following the routes of bio-cultivation in the Western Greece which will give you the opportunity to learn how biological products are produced & enjoy and taste the delicious products of our area.



1st day: Arrival at the airport and transfer to the accommodation. Set up in the overnight unit, where a warm welcome will be held with a bottle of local organic wine await you.

2nd day: ‘Overwhelming day’. Inside the 50 vineyards of the KAPOTIS farm is installed and operates a modern winery, a wine cellar and a bottling unit for bottling wines. Tasting wonderful organic wines, with the opportunity of buying organic wines directly from the producer. A lunch will follow with organic products & organic wines in the farm. There’s also the opportunity of hiking in a all green route at the shores of river Nisa.



3rd day: Visit to local olive farms, an olive press, a bottling plant for organic olive oil, a processing unit for organic olives, combined with tasting. You will learn everything about the olive tree. Cultivation without the use of chemicals, picking up the olives with the hands, producing cold-pressed olive oil, standardizing and packaging the products. It is also possible to buy organic olives and olive oil directly from the producers. . At the same time, guests will participate in a **cooking lesson** based on olive products. Renowned Greek chefs, they unite their culinary experiences and tastes with the recipes of the mother & grandmother of the hosts in order to inspire you in the secrets of authentic & unique culinary pleasures in the exciting world of local cooking. The day will be closed with dinner with the food that will be prepared in the cooking lesson and with local organic wines

4th day: Visit to organic farms where Citrus fruits, Kiwi, Vegetables etc. are grown. The knowledge and the



incredible taste of organic fruits and vegetables await you.



At the same time, a **seminar on**

Botanology will take place, in which we will examine the valuable and multidimensional value of Mediterranean plants in theory and practice. We will deepen the philosophical, botanical and pharmaceutical aspects of Mediterranean plants and prepare an excellent ointment that our ancestors use for centuries to burn and wound, enriched with the new knowledge of modern cosmetology. During the seminar, we enjoy "Ef Zin", the welfare of Epikouros and Alexander the Great, enjoying flavors and aromas of Greek herbs.



5th day: Visit - sightseeing in Messolonghi, the unique natural beauty of Lagoon and the archaeological sites of the area. In the evening a farewell party with B.B.Q with Greek music.

6th Day: Departure for the airport

Prices (Euro/person)			
Accommodation Bungalows	Two beds room	Tree beds room	Four beds room
I) Transportations with your own vehicle	299	264	243
II) Transportation with our vehicle. Includes all transportations (Pickup from – transportation to airport)	469	434	412

In the price included (I) => **Five overnights** in a family bungalow, in one of the units below, breakfast with local organic products, bikes & cycling equipment, Tours in organic farms, organic wineries, botanical seminars, visit to olive processing unit, cooking lessons, a B.B.Q, plus taxes.

In the price included (II) => All the above, as well all the transportations (Pickup from the airport, daily transportations according the program and transportation to the airport for the departure)

Units of accommodation: 1) Socrates Organic Village-Wild Olive
 2) Evinos Garden
 3) Socrates Organic Village-Kryoneri
 4) Kapotis Estate



www.socratesorganicvillage.gr www.evinos-garden.gr www.organic-village.gr www.bionetwesthellas.gr

Implementation period: September-January

Price: 243– 469 € / person (according to all the above)

Minimum participation: 6 people (for fewer people participation contact us for the prices)